



Do you live in Wirral and provide unpaid care for someone who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without your support?

If the answer is yes then text the word **CARER to **87007** and a member of the Carers Health and Wellbeing team at WIRED will call you back to explore how we can support you with your caring role.**

Scan to
find out
more!



Call us on
0151 670 0777
Mon-Fri
9am-4.30pm

